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AFTER CARE INSTRUCTIONS FOR A NEW DENTURE OR PARTIAL DENTURE

You have a new denture and/or partial denture. Wearing dentures can be a difficult transition for some patients, even those who have worn dentures in the past. Sore spots, altered speech, and difficulty in eating are common issues.

It will take time and patience for you to adapt to the new denture. If you encounter difficulty with altered speech, reading out loud will help to decrease the time in adjusting to your new teeth. Some dentures will require relining over time, as the tissue and underlying bone will change with age.

Yearly examination of the surrounding tissue, as well as the denture itself, is required to promote the longevity of your new teeth. If you have a partial denture, routine hygiene visits are required to maintain the health of your teeth.

Cleaning your new denture and/or partial denture should be done with a denture brush or soft toothbrush. Over the counter denture cleaners are helpful in loosening debris prior to brushing. Your new teeth are not indestructible. Dropping the denture can lead to fractures that are not repairable and, in some cases, may require new construction. To help lessen the chance of breakage, always clean your denture over a sink full of water.

Some patients are able to wear their teeth overnight and others need to leave their teeth out. Please follow the doctor's instructions for your specific case.

When your denture is not in your mouth, make sure you use the case provided, to help prevent damage or loss. (Pets love to use dentures/partials as chew toys!?!)

If you have any questions, please contact our office.